

STGRSD

BREAKFAST

Starting in September we are pleased to offer Hot Meals in the Cafeterias, as an **alternate** to the regular grab and go bagged cold breakfasts in the hallways.

Hot Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Pizza: <i>Eggs, meat & cheese with white sauce</i> <i>Assorted Fruit</i> <i>1% White milk</i>	French Toast <i>Assorted Fruit</i> <i>1% White milk</i>	Breakfast Scramble: <i>Eggs, bacon & potatoes</i> <i>Assorted Fruit</i> <i>1% White milk</i>	Waffles <i>Assorted Fruit</i> <i>1% White milk</i>	Breakfast Bake: <i>French Toast & Bacon baked with Eggs</i> <i>Assorted Fruit</i> <i>1% White milk</i>

Grab & Go Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Assorted Fruit Breads <i>Assorted Fruit & Milk</i>	Bagels & cream cheese <i>Assorted Fruit & Milk</i>	Assorted Cereals <i>Assorted Fruit & Milk</i>	Donuts or Cinnamon Rolls <i>Assorted Fruit & Milk</i>	Assorted muffins <i>Assorted Fruit & Milk</i>

FREQUENTLY ASKED QUESTIONS:

Q: Can a student get both hot and cold meals?

A: No, only one FREE meal at a time. Seconds cost extra.

Q: What is included in the meal?

A: All meals include Hot grains, protein and fruit and milk. Plus utensils.

Q: Are there other choices?

A: Not as this time. They can always get cold breakfast

Need a Part Time Career? School Lunch is Hiring! Please apply [here](#)

The USDA is an equal opportunity employer.

Menu Subject to change without notice.